



# VOLUNTEER

## OFFER YOUR TIME, SKILLS, TALENTS OR EXPERTISE

Are you keen to give back to your community?  
The HSFA (Helderberg Society for the Aged) in Somerset West is looking for volunteers to help augment the quality of life of our residents.

Shared Interests: reading, crafts, games, gardening, music, singing, go on walks/outings  
Skills development: explain cellphones, tablets, video calls, channels, TV Remotes, DSTV  
Event management: host a tea party or function

**Contact our Volunteer Coordinator**

**(021) 8525130 or**

**email [volunteer@hsfa.org.za](mailto:volunteer@hsfa.org.za)**

**[www.hsfa.org.za](http://www.hsfa.org.za)**



**HSFA**

Helderberg Society For The Aged

