



# COMMUNITY DEVELOPMENT

## GARDEN VILLAGE & OUTREACH PROGRAMMES

Our HSFA community service centre is for persons older than 60 years in Garden Village Somerset West and surrounding areas. We meet to promote active aging in the local community in an uplifting, non-threatening environment. Through offering physical activities, basic skills development, clinical services and social/peer activities, self-purpose is built within the elderly community. Volunteers offer classes or provide educational or motivational talks to our members. Donations of craft items/equipment are used in our activities and vegetable garden project. The HSFA community regularly support local NPO's with community initiatives like knitting or donation drives.

**Contact our Community Manager**

**Shireen on (021) 8525130 or**

**email [shireen@hsfa.org.za](mailto:shireen@hsfa.org.za)**

**[www.hsfa.org.za](http://www.hsfa.org.za)**



**HSFA**

Helderberg Society For The Aged

